



Creative Expression as Prayer Retreat

24-26th September 2021

Hosted by iDwala Retreat Centre, near Belfast in Mpumalanga

<https://www.idwalaretreat.co.za>

Facilitated by Marit Greenwood

You are hereby invited to attend this “hands on” silent retreat which will combine time for quiet and relaxation with the opportunity to create a creative prayer response in the medium of your choice - a musical piece, woodcarving, artwork, or...? We will introduce the *intention* of Christian icon writing as our frame of reference towards creating our own tangible prayer response. The beautiful setting of the retreat centre will serve as likely inspiration for this too.

The threefold daily routine of corporate prayer in the retreat chapel will form part of our retreat structure.

This intimate Retreat Centre currently houses up to 4 participants; two retreatants as single accommodation, or four retreatants if rooms are shared.

The retreat runs from Friday, 10am through Sunday, ending with a light lunch and adjourning by 2pm.

Cost: R1450 pp which includes two suppers and a light Sunday lunch provided by our hosts Hermann and Heidi Kuschke. Breakfast and lunch on Friday and Saturday are self-catering. The communal kitchen has a fridge, microwave, crockery, and cutlery. Contact Heidi for further information (cell 082 893 1912).

If you wish to attend, please secure your place with a deposit of R700, or pay in full, by Monday 13th September. Balance due by Monday 20th September.

Payment details:	Account Holder: iDwala Retreat Centre
	Bank: FNB
	Account nr: 627 452 95049
	Branch code: 255355
	Reference: Surname followed by CEP921

Send proof of payment to heidi@idwalaretreat.co.za and cc feather@non-zero-sum.net. Upon receipt of payment a communication detailing what to bring will be sent to you.

You are welcome to contact Marit via feather@non-zero-sum.net, with any queries and questions.

Regards

Marit

Marit is a qualified Spiritual Director who received her training through the Sentrum vir Spiritualiteit/The Centre for Spirituality, a ministry of the Dutch Reformed Church in South Africa. This equips her to facilitate Retreats and to offer Spiritual Direction.

This retreat is offered with the support of St Wilfrids Anglican Church, Pretoria and Die Sentrum vir Spiritualiteit, Pretoria.